

MVMS Parent Tool Kit

★ Responding to your students educational and personal needs both at home and at school will help you build a foundation for educational success.

Educational Success at HOME:

- 1. Send your students to school ready to learn.
 - a. Provide a nutritious breakfast
 - b. Proper amount of sleep; 8-9 hours
 - c. Exercise regularly
- Results will boost attention span, concentration, and keep students ready to learn.
- 2. Promote Organizational Skills.
 - a. Teach how to use a calendar or planner
 - b. Develop a routine: prioritize tasks and manage time
 - c. Organization has to be learned and practiced

3. Visit the MVMS Website.

www.mvcsc.k12.in.us

- a. Stay connected with the school
- b. Read the MVMS Daily Announcements
- c. School website and twitter page is full of valuable information for parents and students @MtVernon_MS
- 4. Study Tips and Expectations.
 - a. Establish a routine for studying
 - b. Help set academic goals
 - c. Encourage positive work habits
 - d. Be positive and enthusiastic about your child's learning
 - e. Notes and folders need to be organized by subject
 - f. Review materials and study with your student
- 5. Talk about school with your student.
 - a. Make an effort to discuss school everyday with your student
 - b. Show interest in your student's academics
 - c. Respect and recognize your student's efforts and success
 - d. Promote POSITIVE FRIEND choices

Educational Success at SCHOOL:

1. Get Involved.



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- a. Get to know the teachers and school staff expectations
- b. Attend school events
- c. Monitor your students progress: attendance and academics

2. Know the Student Handbook of the school

- a. Your student needs to know that you are aware of the schools expectations and that you support those expectations
- b. Parent expectations at home need to be similar to that of the school-resulting in a TEAM effort for the student

3. Make Attendance and Academics a priority

- a. Arrive to school on time everyday
- b. Communicate any type of absence with the school 317-485-3160
- c. Try to make appointments during non-school hours
- d. Make sure your student communicates with teachers for missed work

Other Things that can be done to meet EDUCATIONAL SUCCESS:

- 1. Sign up for 21st Century Scholars talk to a school counselor to see if your student qualifies.
- 2. Make sure your student is involved in school activities; sports, clubs, band, choir, etc.
- 3. Monitor your students social media use. You will find out valuable information about your students and what they are thinking.
- 4. Have a safe location for electronic devices during sleeping hours not in the bedroom with the student.

Signs of a Struggling Student:

- <u>Lack of motivation, interest, or attention</u>. Your student is resistant or unwilling to participate in school activities, assignments, or is inattentive in class.
- <u>Homework Frustrations</u>. Your child argues about their work, cries or throws tantrums about doing work, or refuses to do work. Check with your student's teacher or counselor if you are needing help
- <u>Behavior Problems.</u> Your student is acting up in class and/or seeking negative attention from other students. Check with the administration and counselors.
- <u>Slipping Grades</u>. Your student's grades are steadily declining; indicating the school work is difficult or your student is not putting forth the effort to succeed. Contact your student's teacher.
- <u>Low Self-Esteem</u>. Your student avoids talking about school with you, becomes withdrawn or makes negative comments about his or her abilities. Seek guidance from the counseling team.